



Hay fever – Balance your Immune System.

It's coming into that time of year- runny nose, red hot eyes, painful sinuses. Hay fever affects many people in Australia and Melbourne boasts one of the highest incidences in the world due to its unique flora and fauna.

You might have tried symptomatic 'natural' remedies from the pharmacy or health food store to no avail. *However, Naturopaths use Practitioner-Only herbs.* These herbs provide symptomatic relief as well as balance the immune system, fixing the cause, not just the symptoms.

It's hard to believe, but 70% of your immune system is within your digestive system. When you think about it, your digestive immune system needs to say 'yay' or 'nay' to millions of food particles everyday. It is, in part, the imbalance of your digestive immune system that impacts your sinuses. Using Practitioner-Only Herbal Medicine and optimizing your digestive function, will leave you sinus free.

For more information, please contact Andrea.

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